

EXTRAS

Small Meat Portion on its own	£11.00
Large Meat Portion on its own	£18.00
1 piece of Boiled Food (Yam, Dumpling, Green Banana)	£1.50
Small Rice portion	£3.95
Large Rice portion	£4.95
Filled Dumpling (Callaloo + Saltfish or Cabbage + Saltfish only)	£4.25
Bun and Cheese	£2.35
Large Banana Chips	£2.49
HTB Bun	£3.99

DRINKS

	Small:	Medium:	Large:
Carrot Punch	£4.00	£5.00	£6.00
Pineapple Punch	£4.00	£5.00	£6.00
Peanut Punch	£4.00	£5.00	£6.00
Lemon Lime and Ginger	£3.50	per bottle	
Pineapple and Ginger	£3.50	per bottle	
Beetroot Carrot and Ginger	£3.75	per bottle	
Sorrel and Ginger	£3.50	per bottle	
Sour Sap	£6.00	per bottle	
Guinness Punch	£4.00	per bottle	
Drip Punch (Fruit Punch)	£3.50	per bottle	

DESSERT

Carrot Cake	£2.50
Banana Cake	£2.50
Coconut Cake	£2.85
Grater Cake	£2.85
Coconut Drops	£2.85
Gizzada	£2.85
Sweet Potato	£2.50
Jam and Coconut Cake	£3.50
Vanilla Cake	£3.50

OPENING HOURS

Monday	-----	10:00 - 21:30
Tuesday	-----	10:00 - 21:30
Wednesday	-----	10:00 - 21:30
Thursday	-----	10:00 - 21:30
Friday	-----	10:00 - 21:30
Saturday	-----	10:00 - 21:30
Sunday	-----	12:00 - 20:00

Contact Us

Dalston Shop

02072759818

Tottenham Shop

02088017182

General Enquiries

peppersandspiceenquiries@gmail.com

Employment Enquires

peppersandspiceinterviews@gmail.com



Peppers and Spice Menu

ALL PORRIDGES

Small: £4.95 **Medium:** £5.95 **Large:** £6.95 **X-Large:** £7.50
Regardless of day and type of Porridge

Cornmeal

Peanut

Banana

Oats

Hominy Corn

ALL SOUPS

Small: £4.95 **Medium:** £5.95 **Large:** £6.95 **X-Large:** £7.50
Regardless of day and type of Soup

Chicken

Mutton

Manish Water

Red Peas

Red Peas (Veg)

Vegetable

Gungo Peas

Fish

STARTERS

Fried Dumplings	£1.40
1/2 portion of Plantain or Potatoes	£1.90
Full portion of Plantain or Potatoes	£3.75
Banana/Saltfish Fritters	£1.95
Festival	£1.40
Roti Skin	£2.10
Macaroni Cheese	£4.25

PATTIES

Beef, Chicken, Saltfish, Vegetable and Callaloo 'Patties	£2.40
Cheesy Beef 'Patties	£2.60
Cocoa Bread	£1.90

MAIN MEALS

(all come with a choice of rice or Boiled Food
(1 piece of Yam +Dumpling and Sweet Potatoes.
Plus an optional spoon of salad)

	Small	Large
Oxtail + Butterbeans	£12.00	£13.00
Stew Chicken	£9.50	£10.50
Curry Mutton	£11.50	£12.50
Curry Chicken	£9.50	£10.50
Stew Peas (With Oxtail)	£12.00	£13.00
Cowfoot + Butterbeans	£12.00	£13.00
Ackee + Saltfish	£12.00	£13.00
Callaloo + Saltfish	£9.00	£10.00
Cabbage + Saltfish	£9.00	£10.00
Salmon Meal	£11.50	
Fried Fish: One Size	£12.00	
Small Fried Chicken	£9.50	
Large Fried Chicken	£10.50	
Jerk Chicken Meal	£11.00	
Roti Filling	starts at £9.50' (Oxtail is £12)	
Steam Stew Fish	£13.00	

FISH

Jerk Fish	£7.50
Seabass	£6.50-£7.00
Callaloo & Saltfish	£4.40
Cabbage and Saltfish	£4.40
Bream	£6.25
Coley	£5.75
Salmon	£7.50
Ackee and Saltfish	£6.50

Please note prices for fish start at the amount listed above,
prices may increase due to the size of the fish'

CHICKEN

Fried Chicken Leg	£1.90
Fried Chicken Thigh	£1.90
Fried Chicken Breast/Wing	£2.20
Jerk/BBQ/Sweet Chilli Wings	£3.00
Wings+Chips meal	£5.00
1/4 Piece of Jerk Chicken	£5.50
1/4 piece of Baked Chicken	£5.50

